Session 2: 16:20 - 16:35

Leading the international clinical trial collaboration for nutrition and health in Indonesia with high quality results: opportunities and challenges.



Rina Agustina, MD. PhD

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-Short CV

Dr Agustina is an MD, and Master and PhD in Human Nutrition. She is currently the Head of Human Nutrition Research Center at the Indonesian Medical Education and Research Institute, and lecturer for the post-graduate study program in nutrition at the Department of Nutrition, Faculty of Medicine Universitas Indonesia (FMUI).

Her expertise include dietary modulation of intestinal infection and inflammation (eg. probiotics and micronutrients), obesity, and maternal and child health and nutrition.

She has extensive experiences in conducting several large clinical trials in hospital, institutional and community-based setting in Indonesia. She leads more than 100 co-workers including research coordinator, assistants, study physicians, supervisors, fieldworkers, database and logistic personnel, nutritionists, midwives, nurses, and women volunteers.

She obtained multi-year and multi-institutional research grants from Indonesia, Europe, Canada, Australia and USA. She received grants from Saving Brains (Grand Challenges Canada, Aga Khan Foundation Canada, the Bernard van Leer Foundation, The Bill & Melinda Gates Foundation) for 2018-2022 on a long-term intervention on "Promotional Maternal Gut Microbiota and Psychosocial Stimulation on Child Cognitive Development at 6 months Age".

She is also a principal investigator of large trial on Prediabetes (n=670) and probiotic studies (n>500). She is one of the Eat-Lancet Commissioners on Healthy Diets and Sustainable Food System and lead author for Lancet paper on Universal Health Coverage in Indonesia.

She actively involves in International advisory committee (eg New York Academy of sciences) and professional organizations: Indonesian Medical Association (IDI), and Medical Nutrition Association (PDGMI), She is also an ambassador of Food and Land Use (FOLU) coalition. She was specifically profiled by The Lancet in January 2019 that was written by appointed journalist John Zarocostas entitled: "Rina Agustina: tracking nutrition and child health" https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)33172-6/fulltext

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